the city there will be no need of sun or moon, there will be no weekly or monthly cycle. This however overlooks the fact that it's **the city** (not the earth) which **needs** no sun or moon.

## 3. Which day of the week will God's people keep holy in the earth made new?

(Isaiah 66:22, 23)

**NOTE**: This text clearly proves that there will be a weekly and monthly cycle in the earth made new. Eating monthly from the tree of life will constantly refurbish our life (see Revelation 2:7; 22:14). Attending on Sabbath will give us the opportunity to worship our Creator, Redeemer and Restorer.

### The (Almost) Forgotten Day

CRACKING

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### SECRETS UNSEALED PRESENTS: "CRACKING THE GENESIS CODE"

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### Cracking the Genesis Code Lecture #11

"The (Almost) Forgotten Day"

\*Unless stated, All quoted verses are taken from the " New King James Version" (NKJV).

Genesis 1:31-2:1	Isaiah 56:6-7	Revelation 14:13
Genesis 2:2, 3	Isaiah 58:13, 14	Luke 24:1
Genesis 1:5	Jeremiah 17:24", 27	II Corinthians 5:17
Exodus 16:22	Ezekiel 20:20	John 6:51
Exodus 16:23	Nehemiah 13:15-19	Acts 2:25-27
Exodus 16:24	Genesis 1:1	Matthew 24:20
Exodus 16:25, 26	John 1:1, 3	Acts13:42, 44
Exodus 16:28-30	Luke 4:16	Acts 16:13
Exodus 20:8-11	Mark 2:27, 28	Acts 17:2
Exodus 31:15	Mark 3:1-6	Acts 18:4
Exodus 31:17	Luke 13:16	Revelation 21:1
Galatians 3:29	Mark 15:42, 43	Revelation 22:2
Exodus 31:18	John 19:30	Isaiah 66:22, 23
Deuteronomy 5:12-15	Luke 23:54-56	

these words might be preached to them the next \_\_\_\_\_.... And the \_\_\_\_\_\_Sabbath day came almost the whole city together to hear the word of God." (Acts 13:42, 44)

2. Did the apostle Paul meet with believers on Sabbath only in the synagogue?

"And on the \_\_\_\_\_ day we went out of the city to the \_\_\_\_\_, where prayer was customarily made; and we sat down and spoke to the women who met there." (Acts 16:13)

3. According to Acts 17:2, for how many Sabbaths did the apostle Paul reason with the Jews of Thessalonica?

4. Did the apostle Paul only evangelize Jews on the Sabbath day? "And he reasoned in the synagogue \_\_\_\_\_\_ Sabbath, and persuaded both Jews and \_\_\_\_\_ (Acts 18:4)

### The Sabbath in Eternity

- What will God make after sin and sinners have been destroyed?
   'Now I saw a new and a new \_\_\_\_\_\_, for the first heaven and the first earth had passed away. Also there was no more sea."
   (Revelation 21:1)
- 2. Will there be a monthly cycle in the earth made new? "In the middle of its street, and on either side of the river, was the \_\_\_\_\_\_ of life, which bore twelve fruits, each tree yielding its fruit every \_\_\_\_\_." (Revelation 22:2)

NOTE: Some have thought that because Revelation 21:23 states that in

#### the Manna represent?

"I am the living bread which came down from heaven. If anyone

\_\_\_\_\_\_ of this bread he will live forever; and the bread that I shall give is My \_\_\_\_\_\_, which I shall give for the life of the World." (John 6:51)

8. What happened with the body of Jesus as He lay in the tomb?

"For David says concerning Him: 'I foresaw the LORD always before my face, for He is at my right hand, that I might not be shaken. Therefore my heart rejoiced, and my tongue was glad; Moreover **my flesh** also will **rest** in hope. For you will not leave my \_\_\_\_\_\_ in \_\_\_\_\_\_, nor will You allow Your Holy One to see \_\_\_\_\_\_.""

#### (Acts 2:25-27)

**NOTE**: The Manna which fell from heaven in the Old Testament represents Jesus' flesh. Remember that the Manna which fell on Friday did not breed worms or stink when it was saved on the Sabbath. In the same way, the flesh of Jesus knew no corruption while He rested in the tomb on Sabbath because in the flesh of Jesus there was no sin.

## 9. Which day did Jesus tell His disciples to observe forty years after His ascension?

"But pray ye that your flight be not in neither on the

day." (Matthew 24:20)

**NOTE**: If Jesus had intended to do away with the Sabbath. or change it, why did He enjoin His disciples to observe the Sabbath forty years after His resurrection?

### The Sabbath in the Book of Acts

1. On which day of the week did the apostle Paul preach to Jews and Gentiles?

"So when the Jews went out of the synagogue, the Gentiles begged that

### "The (Almost) Forgotten Day" Lecture <sup>#</sup>11

### The Sabbath in the Creation Story

On which day did God finish His work of creation?
 "Then God saw everything that He had made, and indeed it was very good. so the evening and the morning were the \_\_\_\_\_ day. Thus the heavens and the earth, and all the host of them, were

(Genesis 1:31-2:1)

2. According to Genesis 2:2, 3- on which day did God rest from his work of creation?

"And on the	_ day God ended His wor	k which He had
done, and He	on the	_ day from all His
work which He had done. The	hen God blessed the	day and
sanctified it, because in it He rested from all His work which God had		
created and made." (Genesis 2:2, 3)		

**NOTE:** There is no room for misunderstanding. We are told three times that God rested from His works of creation on the **seventh day.** 

3. According to the creation account, when does the day begin?

"God called the light Day, and the darkness He called Night. So the \_\_\_\_\_\_ and the \_\_\_\_\_\_ were the first day...So the evening and the morning were the third day...So the evening and the morning were the fourth day...So the evening and the morning were the fifth day...Then God saw everything that He had made, and indeed it was very good. So the evening and the morning were the sixth day." (Genesis 1:5, 13, 19, 23, 31)

NOTE: Four points stand out concerning the Sabbath in Genesis:

*First*, God finished His work on the sixth day. *Second*, God rested on the seventh day which is the Sabbath. *Third*, the Sabbath was established to memorialize creation. *Fourth*, the Sabbath begins in the evening at the setting of the sun. (see Mark 1:32)

### The Sabbath and the Manna Episode

1. On which day of the week did Moses command Israel to gather twice as much Manna as on any other day?

"And so it was, on the \_\_\_\_\_\_ day, that they gathered twice as much bread, two omers for each one. And all the rulers of the congregation came and told Moses." (Exodus 16:22)

**NOTE:** Israel was commanded by God through Moses to gather Manna every day of the week except on Sabbath. On Friday they were to gather twice as much Manna and save one.-portion for the Sabbath.

## 2. What was Israel commanded to do the day after they picked up twice as much Manna?

"Then he said to them, 'This is what the LORD has said: '\_\_\_\_\_\_ is a **Sabbath**, rest, a \_\_\_\_\_\_ **Sabbath** to the LORD. Bake what you will bake today, and boil what you will boil, and lay up for yourselves all that remains, to be kept until morning." (Exodus 16:23)

## 3. What did not happen to the Manna which Israel stored up for the Sabbath?

"So they laid it up till morning, as Moses commanded; and it. did not

\_\_\_\_\_, nor were there any \_\_\_\_\_ in it."

(Exodus 16:24)

**NOTE:** It is significant that the Manna was just as fresh on the Sabbath as it had been on Friday. If it was saved up for any other day, however, it bred worms and stank. As we will find later in our study, there was a very special reason for this!

"That day was the Preparation, and the Sabbath drew near. And the		
women who had come with Him from Galilee followed after, and they		
observed the tomb and how His body was laid.	Then they returned and	
prepared spices and fragrant oils. And they	on the	
Sabbath according to the	" (Luke 23:54-56)	

# 4. According to the apostle John, what happens with people who have died in the Lord?

"Then I heard a voice from heaven saying to me, "Write: 'Blessed are the dead who die in the Lord from now on.' " "Yes," says the Spirit, "that they may \_\_\_\_\_\_ from their \_\_\_\_\_\_, and their works follow them." (Revelation 14:13)

**NOTE:** Jesus the Creator (John 1:1-3) and Jesus the Redeemer (John 1:14) followed the same process with regards to the Sabbath. In both creation and redemption Jesus finished His Work on the sixth day. In both creation and redemption Jesus rested from His works on the seventh day Sabbath.

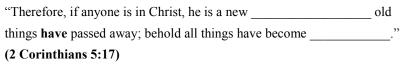
#### 5. On which day of the week did Jesus resurrect from the dead?

"Now on the \_\_\_\_\_ day of the week, very early in the

\_\_\_\_\_ they, and certain other women with them, came to

the tomb bringing the spices which they had prepared." (Luke 24:1)

## 6. According to the apostle Paul, what do we become when we receive Jesus?



#### 7. What relationship exists between Jesus and the Manna and What does

silent. And when He had looked around at them with \_\_\_\_\_\_, being grieved by the hardness of their hearts, He said to the man, 'Stretch out your hand. And he stretched it out, and his hand was

as whole as the other. Then the Pharisees went out and immediately plotted with the Herodians against Him, how they might Him." (Mark 3:1-6)

**NOTE:** Some Christians affirm that Jesus broke the Sabbath when He healed the afflicted on it. If this were so, we have a serious theological problem. Sabbath observance is enjoined by the fourth commandment of the law of God. Sin is the transgression of the law (I John 3:4). If Jesus broke the Sabbath, He was a sinner and needed a Redeemer!!

### 6. On which day of the week did Jesus deliver a woman who had been bound by Satan for eighteen years?

"So ought not this woman, being a daughter of \_\_\_\_\_\_ whom Satan has bound--think of it—for eighteen years, be loosed. From this bond on the \_\_\_\_\_?" (Luke 13:16)

### The Sabbath a Sign of Redemption

1.

# 2. What soul wrenching words did Jesus utter on the cross when He died?

"So when Jesus had received the sour wine, He said, "It is \_\_\_\_\_." And bowing His head, He gave up His spirit." (John 19:30)

3. What did the women do after Jesus was buried in Joseph's tomb?

4. According to Moses, which day is the Sabbath?

(Exodus 16:25, 26)

#### 5. Who gave Israel the Sabbath?

"See! For the \_\_\_\_\_ has given you the Sabbath; therefore He gives you on the sixth day bread for two days. Let every man remain in his place; let no man go out of his place on the \_\_\_\_\_ day." (Genesis 16:29)

#### 6. What was Israel not to do on it?

"Then Moses said, "Eat that today, for today is a **Sabbath** to the LORD; today you will not find it in the field. \_\_\_\_\_\_ days you shall gather it, but on the \_\_\_\_\_\_ day, the \_\_\_\_\_\_, there will be none." (Exodus 16:25, 26)

NOTE: Several points are clear in these verses.
First, Israel was to gather Manna six days.
Second, God gave twice as .much Manna on the sixth day.
Third, Israel was not to gather Manna on the seventh day because it was the Sabbath.
Furthermore, we are clearly told that the Sabbath was the LORD'S— it was not Moses' Sabbath.

## 7. Is the Sabbath of the fourth commandment the same day as the Sabbath at creation and the Sabbath in the Mana episode?

"Remember the	day, to keep it holy	
days you shall labour and do	all your work, but the	day

is the Sabbath of the LORD your God. In it you shall do no work: you, nor your son, nor your daughter, nor your male servant, nor your female

servant, nor your cattle, nor your stranger who is within your gates. For in

days the LORD made	le the heavens and the earth, the sea,
and all that is in them, and rested the	day. Therefore the

LORD blessed the Sabbath day and hallowed it. (Exodus 20:8-11)

NOTE: The fourth commandment has many of the same elements as the

Sabbath in Exodus 16. Expressions such as six days, seventh day, of the LORD, are common to both. Clearly the Sabbath existed before God wrote it in the Ten Commandments.

### The Sabbath in Exodus 31 and Deuteronomy 5

1. According to Exodus 31, what punishment was executed against those who profaned the Sabbath?

"You shall keep the Sabbath, therefore, for it is holy to you. Everyone who profanes it shall surely be put to \_\_\_\_\_\_; for whoever does any work on it, that person shall be \_\_\_\_\_\_ off from among his people. Work shall be done for six days, but the seventh is the Sabbath of

rest, to the LORD. Whoever does any work on the

Sabbath day, he shall surely be put to ."

(Exodus 31:15, 16)

**NOTE:** Some people have assumed that if Sabbath observance is still binding today, then the death penalty for its violation must also be binding. This argument is flawed. Just because we don't execute the death penalty today for its violation, does not mean that the Sabbath is not still binding. In Israel adultery is also punished With death. Does this mean that because we do not execute the death penalty for adulterers today, it is alright to commit adultery? Certainly not!

## 2. For how long was the Sabbath to be a sign between the LORD and Israel and for what reason?

"Therefore the children of Israel shall keep the Sabbath, to observe the Sabbath throughout their generations as a \_\_\_\_\_ covenant. It is a \_\_\_\_\_ between Me and the children of Israel \_\_\_\_\_; for in six days the LORD made the heavens and the earth, and on the

seventh day He rested and was refreshed.' " (Exodus 31:16, 17)

**NOTE**: Sabbath observance was to be an eternal sign between God and Israel. "But", someone might object, "We are Christians, not Jews." This statement is only partially true. It is true that many Christians are not ethnic Jews. But as we shall see in our next question, an Israelite is one who has been baptized into Jesus Christ.

### Jesus, the Creator and Arbiter of the Sabbath

#### 1. Who was the creator of the Sabbath?

heavens and		
as with God,		
All things		
othing was		
made that was made." (John 1:1-3)		
2		

2. On which day did Jesus customarily attend church?

"So He came to Nazareth, where He had been brought up. And as His was He went to the synagogue on the day, and stood up to read." (Luke.4:16)

- According to Jesus, for whom was the Sabbath originally made?
   "And He said to them, 'The Sabbath was made for \_\_\_\_\_\_, and not man for the Sabbath." (Mark 2:27)
- 4. Of which day is Jesus Lord?
  "Therefore the Son of Man is also Lord of the \_\_\_\_\_."
  (Mark 2:28)

## 5. Did Jesus break the Sabbath which He created or did He break the Sabbath of the Pharisees?

 into Jerusalem on the Sabbath day: and l testified against them in the day wherein they sold victuals." (Nehemiah 13:15, KJV)

## 2. What were the inhabitants of Tyre doing in Jerusalem on the Sabbath?

There dwelt men of Tyre also therein, which brought \_\_\_\_\_\_, and all manner of ware, and \_\_\_\_\_\_ on the Sabbath unto the children of Judah, and in \_\_\_\_\_\_." (Nehemiah 13:16, KJV)

## 3. With what strong words did Nehemiah rebuke the nobles of Jerusalem for allowing commerce transactions in Jerusalem on the Sabbath?

"Then I contended with the \_\_\_\_\_\_ of Judah, and said unto them, what evil thing is this that you do, and \_\_\_\_\_\_ the Sabbath day?

Did not your fathers thus, and did not out God bring all this evil upon us, and upon this city? Yet ye bring more wrath upon Israel by profaning the Sabbath." (Nehemiah 13:17, 18, KJV)

**NOTE:** Jeremiah 17:21-27 clearly explains that the destruction of Jerusalem was due, in great part to the profanation of the Sabbath. Nehemiah now rebuked the people after the captivity for doing that which had led to the captivity.

#### 4. What did Nehemiah do to solve this problem?

"And it came to pass, that when the gates of Jerusalem began to be dark \_\_\_\_\_\_\_\_\_\_the Sabbath, I commanded that the gates should be \_\_\_\_\_\_\_\_, and charged that they should not be opened till after the Sabbath: and some of my servants set I at the gates, that there should no \_\_\_\_\_\_\_\_be brought in on the Sabbath day."

(Nehemiah 13:19, KJV)

3. According to the Apostle Paul, who is Israel?

"And if you are \_\_\_\_\_, then you are Abraham's

\_ and heirs according to the promise." (Galatians 3:29)

#### (see also Romans 2:28, 29; 9:6-8)

**NOTE**: The apostle Paul makes it abundantly clear (as did Jesus in John 8:31-58) that in order to be a true Jew or Israelite, it is necessary to accept Jesus as personal Saviour. If the Sabbath was given as an eternal sign to Israel and we are Israelites in Christ, then the Sabbath must be a sign between God and us.

#### 4. Who engraved the Ten Commandments on tables of stone?

"And when He had made an end of speaking with him on Mount Sinai, He gave Moses two tablets of the Testimony, tablets of stone, written with the of God." (Exodus 31:18)

**NOTE**: The Ten Commandments is the only portion of the Bible which God Wrote with His own finger. The finger of God is the Holy Spirit. (Matthew 12:28; Luke 11:20)

## 5. What motivation does Deuteronomy 5:12-15 provide for the observance of the Sabbath?

"Observe the Sabbath day, to keep it \_\_\_\_\_\_, as the LORD your God commanded you. Six days you shall labour and do all your work, but the seventh day is the Sabbath of the \_\_\_\_\_\_ your God. In it you shall do no work: you, nor your son, nor your daughter, nor your male servant, nor your female servant, nor your ox, nor your donkey, nor any of your cattle, nor your stranger who is within your gates, that your male servant and your female servant may rest as well as you. And

	that you were a slave in the land of Egypt, and
the LORD your God	you out from there by a

mighty hand and by an outstretched arm:	the LORD

your God commanded you to keep the Sabbath day."

#### (Deuteronomy 5:12-15)

NOTE: It will be noticed that the Sabbath commandment in Deuteronomy

5 has a different motivation clause than in Exodus 20:8-11. The motivation for keeping the Sabbath in Deuteronomy was redemption. Israel had two reasons to keep the Sabbath: Creation and redemption.

### The Sabbath in the Prophets

1. Was Sabbath observance intended only for literal Israel in the Old Testament?

"Also the sons of the \_\_\_\_\_\_, that join themselves to the LORD, to serve him, and to love the name of the LORD, to be his servants, every one that keepeth the Sabbath from \_\_\_\_\_\_ it, and taketh hold of my covenant; Even them will I bring to my holy mountain, and make them joyful in my \_\_\_\_\_\_ of prayer: their burnt offerings and their sacrifices shall be accepted upon mine altar; for mine house shall be called an house of prayer for \_\_\_\_\_\_ people." (Isaiah 56:6, 7, KJV)

**NOTE:** Isaiah makes it very clear that the Sabbath, even in the Old Testament, was intended for all people and not only for the Jewish nation.

2. What did the prophet Isaiah say about proper Sabbath observance and to whom does the Sabbath belong?

"If you turn away your \_\_\_\_\_\_ from the Sabbath, From doing your \_\_\_\_\_\_ on \_\_\_\_\_ holy day, And call the Sabbath a \_\_\_\_\_, The holy day of the LORD

, And shall honour Him, not doing your own

\_\_\_\_\_, Nor finding your own \_\_\_\_\_, Nor

speaking your own \_\_\_\_\_, Then you shall \_\_\_\_\_

yourself in the LORD; And I will cause you to ride on the high hills of the earth, And feed you with the heritage of Jacob your father. The mouth of the LORD has spoken." (Isaiah 58:13, 14)

**NOTE**: This passage from Isaiah provides some very important principles of Sabbath observance. It is a day to totally forget our words, business and pleasure. It is a day to exclusively enjoy our relationship with

Jesus— twenty-four hours of loving fellowship between us and our Maker and Redeemer.

## 3. What did God Promise His people in the days of the prophet Jeremiah?

"And it shall come to pass, if ye diligently hearken unto me, saith the		
LORD, to bring in no	through the gates of this city on	
the Sabbath day, but	the Sabbath day, to do no work	
therein; Then shall there enter into the gates of this city		
and princes sitting upon the throne of David, riding in chariots and on		
horses, they, and their princes, the men of Judah, and the inhabitants of		
Jerusalem: and this city shall remain for"		
(Jeremiah 17:24, 25, KJV)		

**NOTE**: The flip side of this promise is found in Jeremiah 17:27. "But if ye will not hearken unto me to hallow the Sabbath day, and not to bear a burden, even entering in at the gates of Jerusalem on the Sabbath day; then will l kindle a fire in the gates thereof, and it shall devour the palaces of Jerusalem, and it shall not be quenched."

#### 4. According to the prophet Ezekiel, of what is the Sabbath a sign?

"And hallow my Sabbaths; and they shall	be	a between
me and you, that ye may	_ that I am the LORE	) your God."
(Ezekiel 20:20)		

**NOTE**: Ezekiel quotes the words of the LORD to the effect that the Sabbath is a sign of the His relationship with His people.

### The Sabbath after the Babylonian Captivity

1. What were some Jews doing in Jerusalem shortly after the Babylonian captivity?

"In those days saw I in Judah some	wine presses on the
Sabbath, and bringing in	_ and lading asses; as also wine,
grapes, and figs, and all manner of burdens, which they	