How to Overcome Guilt and Failure



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SECRETS UNSEALED PRESENTS: "CRACKING THE GENESIS CODE"

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*Unless stated, All quoted verses are taken from the "New King James Version" (NKJV).

Genesis 1:26	Romans 6:4-6	Acts 2:38
Luke 3:38	John 3:5, 6	Matthew 3:6
Genesis 1:3	Acts 2:38	Mark 16:16
Genesis 5:1-3	Galatians 3:26, 27	Acts 22:16
John 3:3	Galatians 4:6	John 3:5
I John 3:10	John 1:12, 13	Matthew 3:16, 17
Ephesians 2:1-3	Hebrews 2:10-12	Colossians 1:18
Psalm 51:5	Romans 18:16, 17	I Corinthians 12:13,14
Romans 8:7	Galatians 4:7	Acts 2:47
Romans 7:18,19	II Corinthians 5:17, 18	
Romans 3:10	Romans 8:29	
Romans 3:19	II Corinthians 3:18	
Romans 6:23	I Corinthians 15:22; 45	
I Corinthians 15:22	Romans 6:4	
Galatians 5:19-21	Mark 1:9-ll	
Romans 5:18, 19	John 3:23	
Romans 6:3	Matthew 28:19, 20	

"How to Overcome Guilt and Failure" Lecture [#]28

Two of the greatest sources of psychological and pathological problems in the world today are guilt and failure. These two realities are the source of depression, low self image, and suicide. Where do these two attitudes come from? Is there any permanent way of getting rid of them? How can we live lives which are free of guilt and full of victory? In our lesson today we will provide the biblical secret on how to overcome guilt and failure.

The Sinless Condition of Man

- In whose image and likeness were Adam and Eve created?
 "So God created man in His own _____; in the image of God He created him; male and _____ He created them." (Genesis 1:27)
- 2. What is Adam called at the end of the genealogy of Christ? "... the son of Seth, the son of Adam, the son of _____." (Luke 3:38)

3. What did God give Adam and Eve as their inheritance?

"Then God said, "Let Us make man in Our image, according to Our likeness; let them have ______ over the fish of the sea, over the ______ of the air, and over the cattle, over all the ______ and over every creeping thing that creeps on the earth." (Genesis 1:26)

4. Did Adam and Eve know evil in their pristine condition?

"For God knows that in the day you eat of it your eyes will be opened, and you will be like God, knowing good and _____." (Genesis 3:5)

NOTE: Everything God made during creation week was very good (Genesis 1:31). Adam and Eve were created without any tendency or inclination toward evil. They were perfectly other-centered. Love for God

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was supreme and love for one another impartial. They had a natural tendency toward purity, righteousness, and holiness.

The Impact of Adam's Sin Upon the Human Race

1. In whose image and likeness was Seth born?

"And Adam lived one hundred and thirty years, and begot a son in his

own _____, after his

_____, and named him Seth." (Genesis 5:3)

NOTE: A great change was effected in the nature of man after Adam sinned. Whereas before sin Adam and Eve were created in the image and likeness of God, Seth was born in the image and likeness of sinful Adam. That is to say, Seth was a member of sinful Adam's family.

2. What needed to happen in order for Seth to belong once again to the family of God?

"Jesus answered and said to him, 'Most assuredly, I say to you, unless one

is born _____, he cannot _____ the kingdom of

God'." (John 3:3)

NOTE: When Adam sinned, he voluntarily joined the family of Satan. He became a friend of Satan and an enemy of God. The only way he could belong to the family of God once more was to be born again from above. The same is true of every descendant of Adam who is born into the world.

3. According to I John 3:10, how many families and parents exist in the world today?

"In this the children of ______ and the children of the ______

are manifest: Whoever does not practice righteousness is not of God, nor is he who does not love his brother."

NOTE: Everyone who is born into this world is a member of fallen Adam's family and those who are born into Adam's family are lost. Some people may think it unjust for us to be born into the family of the lost when we had no choice in the matter. Though it is true that we do not choose to be born into the family of the lost, we can choose to change families and thus belong to the family of the saved! Is it enough to be baptized merely by the Holy Spirit in order to be saved? "Most assuredly, I say to you, unless one is born of ______ and the Spirit, he cannot enter the kingdom of God." (John 3:5)

6. What did the Father say when Jesus was baptized?

5.

"And suddenly a voice came from heaven, saying, 'This is My ______ Son, in whom I am well pleased."" (Matthew 3:17)

7. According to the apostle Paul, what is the body of Christ?

"And He is the head of the _____, the _____, who is the beginning, the firstborn from the dead, that in all things He may have the pre-eminence." (Colossians 1:18)

8. What do we join when we are baptized?

"For by one Spirit we were all ______ into one ______ whether Jews or Greeks, whether slaves or free—and have all been made to drink into one Spirit." (I Corinthians 12:13)

9. What organization did the newly baptized Christians join on the day of Pentecost?

"And the Lord added to the ______ daily those who were being saved." (Acts 2:47)

3. What did those do who came to John for baptism?

"... and were baptized by him in the Jordan, ______ their sins." (Matthew 3:6)

4. What attitude must one have towards Jesus in order to be baptized? "He who ______ and is baptized will be saved; but he who does not believe will be condemned." (Mark 16:16)

NOTE: Teaching, confessing, repenting, and believing as preconditions for baptism indicate that the ceremony is to be performed in those who have reached the age of understanding.

The Importance of Baptism

- 1. According to Matthew 28:18-20, who commanded the ceremony of baptism?
- According to Jesus, how important is baptism?
 "He who believes and is baptized will be ______; but he who does not believe will be condemned." (Mark 16:16)

3. What did the Pharisees reject when they refused to be baptized by John?

"But the Pharisees and lawyers ______ the _____ of God for themselves, not having been baptized by him." (Luke 7:30)

4. What urgent plea did Ananias make to Saul of Tarsus after his Damascus Road experience?

"And now why are you waiting? Arise and be ______, and away your sins, calling on the name of the Lord."

(Acts 22:16)

Problems with our First Birth

1. According to the apostle Paul, what kind of nature do those possess who are controlled by the "prince of the power of the air, the spirit who now works in the sons of disobedience?"

"... among whom also we all once conducted ourselves in the lusts of our ______, fulfilling the desires of the ______ and of the mind, and were by nature children of _____." (Ephesians 2:3)

2. According to the prophet Isaiah, how early in life do people do astray from God?

"Surely you did not hear, surely you did not know; surely from long ago your ear was not opened. For I knew that you would deal very

_____, and were called a transgressor from the _____."
(Isaiah 48:8)

3. With what strong words does David corroborate what was stated by the prophet Isaiah?

"The wicked are estranged from the _____; they go astray as soon as they are _____, speaking lies." (Psalm 58:3)

- What deplorable condition is man in from the moment of conception?
 "Behold, I was brought ______ in iniquity, and in sin my mother ______ me." (Psalm 51:5)
- 5. What does the apostle Paul call the old sinful nature we are born with? Is that old sinful nature able to express itself in good acts? "Because the carnal mind is ______ against God; for it is not subject to the law of God, nor indeed can be. So then, those who are in the flesh ______ please God." (Romans 8:7-8)

NOTE: From the moment we are born we receive a sinful nature which

then expresses itself in sinful acts. We are born separated from God, selfcentered, slanted or bent toward evil, with a natural inclination toward sin. With this nature it is impossible to obey God no matter how much we try.

6. How did the apostle Paul express his frustration with the old carnal nature?

"For I know that in me (that is, in my flesh) ______ good dwells; for to ______ is present with me, but how to ______ what is good I do not find. For the good that I will to do, I do not do; but the evil I will not to do, that I practice." (Romans 7:18-19)

7. How many in the world have allowed their sinful nature to express itself in sinful acts?

"There is _____ righteous, no, not one... for _____ have sinned and fall short of the glory of God..." (Romans 3:10, 23)

8. How many stand guilty before God because of sin?

"Now we know that whatever the law says, it says to those who are under the law, that _____ mouth may be stopped, and all the ______ may become guilty before God." (Romans 3:19)

9. What does Adam pass on to those who are born into his family?

"For the wages of sin is ______... in Adam all ______...
death spread to ______ men because all sinned..."
(Romans 6:23; I Corinthians 15:22; Romans 5:12)

10. What does the apostle Paul say after describing the works of the flesh?

"... those who practice such things will not ______ the kingdom of God." (Galatians 5:21)

and the Spirit descending upon Him like a dove." (Mark 1:9-10)

3. Why did John the Baptist baptize in Aenon?

"Now John also was baptizing in Aenon near Salim, because there was

_____ water there. And they came and were baptized."

(John 3:23)

NOTE: Much water would not be needed if baptism were by aspersion or infusion. The many tapestries and baptisteries found in Europe from the early centuries of Christian history prove that baptism was performed by immersion.

4. How did Philip baptize the Ethiopian eunuch?

"So he commanded the chariot to stand still. And both Philip and the eunuch went ______ into the water, and he baptized him. Now when they came ______ out of the water, the Spirit of the Lord caught Philip away, so that the eunuch saw him no more; and he went on his way rejoicing." (Acts 8:38-39)

The Proper Time for Baptism

1. According to Jesus, what must a person become in order to be baptized?

"Go therefore and make ______ of all the nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit,

_____ them to observe all things that I have commanded you..." (Matthew 28:19-20)

2. What must one do before being baptized?

"Then Peter said to them, _____, and let every one of you be baptized in the name of Christ..." (Acts 2:38)

"But we all, with unveiled face, beholding as in a mirror the glory of the

Lord, are ______ transformed into the same ______

from glory to , just as by the Spirit of the Lord."

(II Corinthians 3:18)

14. What do we ultimately receive when we become brothers and sisters of Jesus and children of God?

"For as in Adam all die, even so in Christ all shall be made _____."

"For the wages of Sin is death, but the gift of God is eternal

in Christ Jesus our Lord." (I Corinthians 15:22; Romans 6:23)

In Summary: When we become brothers and sisters of Jesus in baptism several marvellous things occur. We change from the family of Adam to the family of God. The guilt of our past is buried. A new power comes into our life to help us overcome sin. As children of God we receive rights of inheritance. We become a new creation. We begin to be conformed to the image of Jesus once again and we are delivered from eternal death.

Proper Mode of Baptism

1. According to Romans 6:4, what is the proper mode of baptism? "Therefore we were with Him through baptism into

, that just as Christ was raised from the dead by the glory

of the Father, even so we also should walk in newness of Life."

(Romans 6:4)

NOTE: The Greek word baptize (baptism) means to immerse, to submerge, to dip. As a burial involves putting a person under the earth, so baptism means submerging a person under the water.

2. According to Mark, how was Jesus baptized?

"It came to pass in those days that Jesus came from Nazareth of Galilee, and was ______ by John in the Jordan. And immediately, coming **In Summary:** We are born into the family of the lost. We receive from the first Adam a sinful nature, a slant toward evil, which then expresses itself in sinful acts. When we act sinfully, we become guilty before God and when we stand guilty before God, we make ourselves worthy of death. Because we are born into the family of the fallen Adam, we have no rights of inheritance because Adam lost the inheritance when he sinned. This picture looks pretty bleak but better news is on the way!

Changing Families

- According to the apostle Paul, the entire human race has been born into the sinful Adam's family. Is there any possibility of changing families?
 ______(Romans 5:12-21)
- 2. In what ceremony do we shed our membership in the first Adam's family to be joined to the second Adam's family?

(Romans 6)

3. What happens to our guilty past when we are baptized?

"Or do you not know that as many of us as were ______ into

Christ Jesus were baptized into

death?" (Romans 6:3)

NOTE: When we are buried in the waters of baptism we are reckoned dead with Christ. His death counts as if it were ours. We do not die like Christ but with Him. God looks at us as it we had been crucified at Calvary and buried in Joseph's tomb. Because Jesus had to die for our sins only once and we are included in His death, the guilt of our sins is taken care of in Him.

4. What else does the ceremony of baptism accomplish for us?

"Therefore we were buried with Him through baptism into,			
that just as Christ was raised from the dead by the glory of the Father,			
even so we also should	in newness of life."		
(Romans 6:4)			

NOTE: Baptism is more than a burial into Christ's death. It is also a resurrection to a new life through the power of the Holy Spirit. It is receiving Christ's resurrection power in the life so that we can overcome sin (Romans 6:6-14). In baptism we not only die with Him but we also resurrect with Him. Thus baptism not only takes care of the guilt of sin but it also takes care of the power of sin by providing a new force in the life to overcome it. Sin could have no more dominion over Jesus after He resurrected. Likewise with us. Sin will have no dominion over those who have truly linked their lives with Jesus through baptism (Romans 6:5-6)

5. Of what two things must we be born in order to enter the kingdom?

"Most assuredly, I say to you, unless one is born of ______ and the ______, he cannot enter the kingdom of God. That which is born of the flesh is flesh, and that which is born of the Spirit is spirit." (John 3:5-6)

NOTE: There is something wrong with our first birth. Those who are born only the first time from their mother cannot see or enter the kingdom of God. Salvation comes only when we are born of the water (death) and of the spirit (resurrection). Romans 6 emphasizes that we must be buried with Christ in the waters of baptism for the death of our guilty past and we must resurrect to a new life through the power of the Holy Spirit. Thus baptism provides a double blessing: The guilt of our sinful past is buried in the waters and the power of the Holy Spirit will give us victory over sin.

6. What did Peter say about the double blessing of baptism?

"Then Peter said to them, 'Repent, and let every one of you be baptized in the name of Jesus Christ for the ______ of sins; and you shall receive the gift of the Holy ______." (Acts 2:38)

7. Whom do we put on when we are baptized?

"For you are all sons of God through ______ in Christ Jesus. For as many of you as were baptized into Christ have put on _____." (Galatians 3:26-27)

8. Whose family are we adopted into when we are baptized?

"And because you are _____, God has sent forth the Spirit of His

Son into your hearts, crying out, 'Abba _____ !'"

(Galatians 4:6; see also Ephesians 1:5; Romans 8:14-16)

NOTE: If we need to be adopted into God's family, we must not have belonged to it before. When we are baptized, the words of the apostle John become especially meaningful: "But as many as received Him, to them He gave the right to become children of God, to those who believe in His name; who were born, not of blood, nor of the will of the flesh, nor of the will of man, but of God." (John 1:12-13)

- 9. What new relationship do we have with Christ when we are baptized? "For both He who sanctifies and those who are being sanctified are all of one, for which reason He is not ashamed to call them _______, saying: 'I will declare Your name to My ______; in the midst of the assembly I will sing praise to You."" (Hebrews 2:11-12)
- 10. What rights do we receive when we become brothers and sisters of Jesus in baptism?

"Therefore you are no longer a slave but a _____, and if a son, then an ______ of God through Christ." (Galatians 4:7; *see also Romans 8:17*)

- 11. What does the apostle Paul say about those who are in Christ Jesus? "Therefore, if anyone is in Christ, he is a new ______; old things have passed away; behold, ______ things have become new." (II Corinthians 5:17)
- 12. In whose image are we recreated when we receive Christ?
 "For whom He foreknew, He also predestined to be conformed to the image of His ______, that He might be the firstborn among many ______." (Romans 8:29)
- 13. Is the perfect image of Christ restored in His brethren instantaneously or does it take time?