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# Everlasting Gospel Bible Studies Lesson 27 SANCTIFICATION AND THE SABBATH

The one commandment that deals with time is the fourth: "Remember the Sabbath day to keep it holy" (Exodus 20:8-11). "Keep the Sabbath day to sanctify it, as the Lord thy God hath commanded thee" (Deuteronomy 5:12).

Definition: *sanctify* ... to set apart to a sacred purpose or to religious use. Webster's *Ninth New Collegiate Dictionary* 

In this lesson we will learn the relationship between sanctification and the Sabbath.

### A. THE SABBATH - A SANCTIFIED DAY

What day did God bless and sanctify? Genesis 2:3; Exodus 20:11
 What kind of day is the Sabbath? Isaiah 58:13
 For whom was the Sabbath made? Mark 2:27
 Why did God give us the Sabbath day? Ezekiel 20:20

<sup>\*</sup> Final Call Outreach, P.O. Box 1, Rapidan VA 22733 \*

5.	How long was the Sabbath to be a sign between God and the children of Israel? Exodus 31:16-17
	NOTE: The children of Israel are Abraham's descendants. When we accept Christ as our personal Saviour then we become Abraham's seed (Galatians 3:6-9, 29; Romans 2:28.29; Genesis 13:14-17). Today we can be the spiritual Israel and receive the promises and blessings that God wants to give us.
В.	HOW CHRIST AND THE DISCIPLES KEPT THE SABBATH
6.	How did Christ keep the Sabbath? Luke 4:14-16
7.	What question did Christ use to invalidate the false ideas and reasonings concerning Sabbath observance? Luke 6:9
8.	What is the underlying principle regarding Sabbath observance? Matthew 12:12
9.	How did Christ's disciples keep the Sabbath? Acts 18:4; 13:14

### ~ NOTES~


### C. HOW TO KEEP THE SABBATH HOLY

10. Which day are we to remember to set apart as God's holy day? **Exodus 20:10** 11. How long may we labour? Exodus 20:9 12. How much work are we to do on Sabbath? Exodus 20:10 13. In God's timing, when does the Sabbath begin and end? Leviticus 23:32 **NOTE**: The "even" begins "at the going down of the sun" (Deuteronomy 16:6). Therefore "even to even" means from the setting of the sun on the sixth day to the setting of the sun on the seventh day.

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14. How should we keep the Sabbath? Isaiah 58:13-14

**NOTE**: "Whether the Sabbath becomes a delight or a burden depends upon the Spirit with which a man meets it. Indeed, the spirit of man settles the question as to the benefits to come from any duty he may perform." Sabbath Recorder, December 12, 1910 (John 4:24)

# D. THE SABBATH - A SIGN OF SANCTIFICATION

15.	What special sign has God given to us through which He can sanctify us? Ezekiel 20:12
16.	Who sanctifies us? I Thessalonians 5:23-224; Acts 26:15, 18
17.	Through what are we sanctified? John 17:17; Romans 15:16
18.	Into how much truth will the Holy Spirit guide us? John 16:13
19.	Besides God's Word, what else is truth? Psalm 119:142
20.	What did Jesus keep while He was on this earth? John 15:10; John 8:29

## **SUMMARY**

The Sabbath was made for all men and for all time. We are all commanded as God's children to "Remember the Sabbath day to keep it holy." Exodus 20:8. "For whosoever shall keep the whole law, and yet offend in one point, he is guilty of all." James 2:10

# PERSONAL COMMITMENT

Today I choose to keep	the seventh-day	Sabbath h	noly through	God's
grace and in His strength.				

Signed:		
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